

ACTIVE ALIGNERS

HANDY HINTS – ALIGNER ACCESSORIES

Protective Case – your handy case in which to store your aligners during the times you are not wearing them.

Lip Balm – because your lips are part of your beautiful smile! Use as necessary.

Active Aligners Removal Tool – a handy little tool to assist with aligner removal. Always be sure to hook your aligner towards the molars first before moving around to the front.

Chewies – Consisting of spongy plastic-like material (Styrene Copolymer), these cylindrical chewies help firmly seat the aligners. Position the Aligner Chewie between your teeth and bite down. Move it from one end of your mouth to another, continuing to bite up and down, until you have bitten on it with all of your teeth. Please use your Aligner Chewies daily for 15 seconds per side once per day. Especially important when moving to the next stage.

Aligner File – should there be any edges to your aligners that bother you, simply file them down until comfortable.

Cheek retractor – records are important to be sure your treatment is on track. Use the hands-free cheek retractor when taking photos of your teeth to be sent to your dentist as and when requested.

Cleaning - Clean your Active Aligners every morning and night when you clean your teeth. Use a soft bristle toothbrush with cold water and a small amount of dishwashing soap.

SMILE CLUB LAB

We make smiles perfectly simple.